ABSTRACT OF THE DISCLOSURE

A turbine blade having improved cooling has an airfoil with a root end and a tip end and at least one cooling passageway in the airfoil. Each cooling passageway extends from the root end to the tip end and has a circular crosssection. A plurality of turbulation promotion devices are arranged in each cooling passageway. Each of the turbulation promotion devices is arcuate in shape and circumscribes an arc less than 180 degrees.